

27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

TABLE OF CONTENTS

1.	INTRODUCTION	3
2.	LEGNICA CITY	4
3.	TRANSPORT	5
4.	OFFICIAL HOTEL OF EUROPEAN CHAMPIONSHIP: QUBUS HOTEL	6
4	4.1 ROOM RESERVATION	7
5.	LUNCH AND "SAYONARA" BANQUET	8
6.	OSiR SPORTS HALL	8
7.	ABOUT KUMITE FIGHTING	9
,	7.1 KUMITE CATEGORIES	9
,	7.2 OBLIGATORY PROTECTIONS	9
,	7.3 DURATION OF THE MATCHES	11
8.	KATA COMPETITION	11
;	8.1 KATA CATEGORIES	11
;	8.2 REQUIRED KATAS	12
9.	GENERAL RULES	13
10.	. REGISTRATION	13
12.	. PROGRAM	15
13.	. CONTACT	15
14.	· ORGANIZER	16



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

1. INTRODUCTION

The EUROPEAN KYOKUSHIN FEDERATION (EKF), and POLISH KARATE FEDERATION (PZK) with the cooperation of KYOKUSHIN WORLD FEDERATION (KWF), are the organizers for **the 27th European Kyokushin Championship.**

The competition will take place on the 29-30th of November 2013 in Legnica.

Official patronage: Joanna Mucha - Minister of Sport, Makoto Yamanaka - Ambassador of Japan in Poland, Rafał Jurkowlaniec - Marshal of Lower Silesian Voivodeship, Grzegorz Schetyna - Chairman of Foreign Affairs Commission, Artur Zasada - MEP, Robert Kropiwnicki - Member of Parliament.

The competition will be held in **kumite** (fight) weight categories, and **kata** (forms) and the categories and age for kumite and kata will be as follows:

CHILDREN 10-11 YEARS OLD, boys and girls,

CHILDREN 12-13 YEARS OLD, boys and girls,

CHILDREN 14-15 YEARS OLD, boys and girls,

JUNIORS 16-17 YEARS OLD, boys and girls,

SENIORS over 18 YEARS OLD, men and women

SENIORS MASTER + 35 YEARS OLD: only men

All the categories in kumite will be divided in several weight categories according to the rules of kumite of the European Kyokushin Federation, that are mentioned in this bulletin as well.



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

2. LEGNICA CITY

Legnica is the 3rd largest city in the voivodeship and 38th in Poland. Legnica is the main city of Legnica Special Economic Zone with KGHM Polska Miedź, one of the largest producers of copper and silver in the world, located here.



Legnica is a very old city, for the first time it was mentioned in chronicles in 1004. It became famous for the battle that took place in Legnickie Pole in 1241 during the Mongol invasion of Europe. In 14th century it was one of the most important cities in Central Europe and it began to expand soon after gold's discovery in the Kaczawa River.

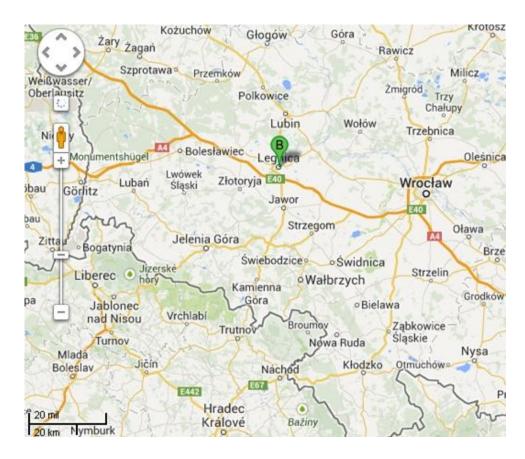


27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

3. TRANSPORT

Legnica is connected to Wrocław by trains and buses. It is also connected to Berlin (Berlin Hauptbahnhof) by direct train. You can check the trains schedule here: http://rozklad-pkp.pl/bin/query.exe/en?



To go to Legnica by car from Berlin Tegel Airport you must take the route E36 and then E40 (in Poland, also known as A4). From Jakuszyce take the route 3, and from Wrocław also A4 highway. Please check https://maps.google.com/ to be sure.

We provide payable transport form the airport to Legnica by bus.



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

4. OFFICIAL HOTEL OF EUROPEAN CHAMPIONSHIP: QUBUS HOTEL

The fourth stars Hotel Qubus**** is situated in the central part of the city of Legnica, and known as one of the best hotel in the city. It's close to the train station, shopping and financial areas.



There are 219 comfortable rooms and a biological regeneration zone, where Guests are welcome to use it.

HOTEL RESERVATION FORM PLEASE SEND TO

biuro@europeankyokushin2013.eu

ONLY OFFICIAL HOTEL RESERVATION FORM WILL BE ACCEPTED!

HOTEL RESERVATION FORM WILL BE ATTACHED TO THE NEXT EMAIL

PHONE: 48 884 809 092 ANNA FIJOŁEK



2/th European Kyokusnin Championships 27回今ヨーロッパ極直空毛選毛権大会・ルグニツァ・ポーラン

XATA I KUMITE FULL CONTACT 29 - 30 XI 2013

PAYMENT ON ACCOUNT:

PL45 1020 3017 0000 2102 0140 6800 only up to 30th October 2013

Alimentation in hotel:

Lunch – 10€

Dinner - 10€

Hours:

Breakfast -7^{00} - 9^{00}

Lunch -12^{00} - 14^{00}

Dinner - 18⁰⁰-20⁰⁰

4.1 ROOM RESERVATION

The special room rates only for our Guests:

Single Room – 60€

Double Room – 70€ (35€ per person)

These prices include breakfast.



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

5. LUNCH AND "SAYONARA" BANQUET

On 30th November 2013 we would like to invite You to the "Sayonara" Banquet that will be held in Hotel Qubus in the banquet hall. We provide many multicultural attractions. A great Polish menu in the Latino rhythms. Our special Guest will be Latino dance group – Art Fever.



One of the main attractions of this event will be **KAGAMI-WARI** (**jp.** 鏡割り) - a Japanese traditional ceremony.

The ticket's price is 30€ per person.

You must reserve tickets earlier, up to 30th October 2013.

6. OSiR SPORTS HALL

OSiR sports hall, where the Championships will be held, is one of the biggest hall in Legnica. It has an auditorium with 905 seats, full sanitary facilities, privet parking, own bar-café. The Gym is equipped with modern equipment.



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT

29 - 30 X1 2013 LEGNICA POLAND

7. ABOUT KUMITE FIGHTING

7.1 KUMITE CATEGORIES

10-11 YEARS OLD GIRLS: -40kgs., +40kgs.,

10-11 YEARS OLD BOYS: -35kgs., -45kgs., +45kgs.,

12-13 YEARS OLD GIRLS: -45kgs., +45kgs.,

12-13 YEARS OLD BOYS: -40kgs., -50kgs., -60kgs., +60kgs.,

14-15 YEARS OLD GIRLS: -50kgs., +50kgs.,

14-15 YEARS OLD BOYS: -55kgs., -65kgs., -75kgs., + 75kg.

JUNIOR GIRLS (16-17 YEARS OLD): -50kgs., -60kgs., +60kgs.,

JUNIOR BOYS (16-17 YEARS OLD): -60kgs., -70kgs., -80kgs., +80kg.

SENIOR WOMEN (+18 YEARS OLD): -55kgs., -60kgs., -65kgs., +65kgs.,

SENIOR MEN (+18 YEARS OLD): -70kgs., -75kgs., -80kgs., -90kgs., +90kgs.,

SENIOR MASTER MEN (+35 YEARS OLD): open weight

7.2 OBLIGATORY PROTECTIONS

• <u>10-11 YEARS OLD AND 12-13 YEARS OLD (BOYS AND GIRLS)</u>

HEAD GEAR, HAND PADS, SHIN AND INSTEP PADS, GROIN CUP, CHEST PROTECTOR

• 14-15 YEARS OLD AND JUNIORS (16-17 YEARS OLD) (BOYS)

HEAD GEAR, HAND PADS, SHIN AND INSTEP PADS, GROIN CUP

• 14-15 YEARS OLD AND JUNIORS (16-17 YEARS OLD) (GIRLS)

HEAD GEAR, HAND PADS, SHIN AND INSTEP PADS, CHEST PROTECTOR

SENIOR MEN



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

GROIN CUP

• <u>SENIOR WOMEN</u>

CHEST PROTECTOR

• <u>SENIOR MASTER MEN (+35 YEARS OLD)</u>

HEAD GEAR, SHIN AND INSTEP PADS, GROIN CUP

Below are shown the athletic supporters (protectors) required during the Championships, approved by the organizer



EKF MAY PERMIT other types of athletic supporters with other logo types only if they have the same level of protection and keeps similar aesthetic to the ones homologated by



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

EKF/KWF, and they have to be approved by the Main Judge of the Championships shihan Antonio Pinero and Chief Referee shihan Fernando Perez.

7.3 DURATION OF THE MATCHES

10-11 YEARS OLD: 1,5min with obligatory decision,

12-13 YEARS OLD: 2min with obligatory decision,

14-15 YEARS OLD: 2min + 1,5min with obligatory decision,

JUNIORS (16-17 YEARS OLD): 2min + 1,5min with obligatory decision,

SENIORS:

eliminations: 2min + 2min (weight) + 2min with obligatory decision,

finals: 3min + 2min (weight) +2min with obligatory decision,

SENIOR MASTER + 35 YEARS OLD: 2min + 2min (weight) + 2min with obligatory decision,

In senior categories, the weight difference required in order to win a match must be 3 or more kilos.

In case of a large number of participants the qualifiers matches will be held with obligatory decision. It will be communicated before the Championships starts.

8. KATA COMPETITION

8.1 KATA CATEGORIES

10-11 YEARS OLD GIRLS,

10-11 YEARS OLD BOYS,

12-13 YEARS OLD GIRLS,

12-13 YEARS OLD BOYS,

14-15 YEARS OLD GIRLS,



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013

14-15 YEARS OLD BOYS,

JUNIOR GIRLS (16-17 YEARS OLD),

JUNIOR BOYS (16-17 YEARS OLD),

SENIOR WOMEN (+18 YEARS OLD),

SENIOR MEN (+18 YEARS OLD),

8.2 REQUIRED KATAS

The competition will be divided into two rounds. Four competitors of each category with the highest scores will pass to the Finals.

Competitors may choose kata **FREELY** in both rounds; **EXCEPT** for: taikyokus, sokugis, sanchin no kata, tensho and ura katas.

For SENIORS, in the first round, the main referee chooses one kata from list below:

1st ROUND (Obligatory)

- 1. YANTSU
- 2. TSUKI NO KATA
- 3. SAIHA
- 4. GEKSAI SHO
- 5. GEKSAI DAI

In the second round, seniors may choose kata freely from this list:

2nd ROUND

- 1. SEIENCHIN
- 2. KANKU DAI
- 3. SEIPAI



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT

29 - 30 X1 2013 LEGNICA POLAND

- 4. GARYU
- 5. SUSHIHO

9. GENERAL RULES

Only OFFICIAL FORMS will be accepted, the forms will be attached to the next email;

Kumite rules for children and juniors, as well as kata rules, are attached to this bulletin,

The competition is for countries representatives however each organization like Poland-KWF, Poland-IKO etc. can enter this Championships separately as well,

It's required to write down coach's name in registration form. You can put there at most 3 coaches because the Championships will be held on 3 tatamis. That must be done on Friday morning.

On Saturday morning only 3 coaches presence is allowed, and in the afternoon only 1.

Every Kyokushin group from each country can register unlimited numbers of competitors per category and weight.

The organizers have the right to cancel the event or modify the categories if there won't be an appropriate number of participants.

10. REGISTRATION

REGISTRATION FORMS PLEASE SEND TO

biuro@europeankyokushin2013.eu

ONLY OFFICIAL REGISTRATION FORMS WILL BE ACCEPTED!

REGISTRATION FORM WILL BE ATTACHED TO THE NEXT EMAIL

PHONE: +48 884 809 092 ANNA FIJOŁEK



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013

SEND THE COPY TO GENERAL SECRETARY shihan ANDRE DREWNIAK

PHONE:+48 601 421 145

MAIL: general.secretary@europeankyokushin.org

PAYMENT ON ACCOUNT:

PL45 1020 3017 0000 2102 0140 6800 only up to 30th October 2013

The final date of registration is 30th October 2013.

Each participant have to be insured from every accident that may occur during this event.

Weigh-in and documents checking will be done in Hotel Qubus on 28th November 2013. All the competitors, referees and officials from one group have to come together at the same time.

Registration fee per person is 25 € payable to the Treasurer EKF shihan Lars Hogquist.

Each competitor have to prepare following documents:

- Parental permission only for competitors under 18 years old,
- IDC or Passport
- Medical certificate only kumite competitors
- Payment proof
- Confirmation of competitor's weight

The tickets for Sayonara Party will be given away on Saturday evening. Please remember to take that ticket to the party.

11. REFEREES

On Thursday 28th November 2013, a Referee Course will take place in Qubus Hotel in order to unify criteria for the Championships. It is obligatory for those wishing to participate in Championships.

Registration is free, expect for those who want to obtain the title of International Referee or International Judge given by the European Kyokushin Federation and guaranteed by the Kyokushinkai World Federation (KWF). The fees are as follow:

• International Judge - 50€ (must be 1st dan and National Referee),



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

• International Referee - 75€ (must be 2nd dan and International Judge),

The official dress will be:

- Dark blue trousers,
- Dark blue shirt with short sleeves,
- White bow tie.

12. PROGRAM

28th November 2013 – Guests' accommodation;

 12^{00} - 20^{00} – weigh-in and medical check

16⁰⁰-17⁴⁵ - Referees Course (obligatory for all judges and referees)

 18^{00} - 20^{00} – dinner;

20³⁰-22⁰⁰ - EKF General Meeting (obligatory for all European CR).

 29^{th} November $2013 - 9^{00}$ - 18^{00} the Championships;

7⁰⁰-9⁰⁰ – breakfast;

 12^{00} - 14^{00} – lunch;

 18^{00} - 20^{00} – dinner;

 30^{th} November $2013 - 9^{00}$ - 18^{00} the Championships;

 7^{00} - 9^{00} – breakfast;

12⁰⁰-14⁰⁰ – lunch;

19³⁰ – banquet "Sayonara";

13. CONTACT

European webpage: www.europeankyokushin.org



27th European Kyokushin Championships

KATA I KUMITE FULL CONTACT 29 - 30 XI 2013 LEGNICA POLAND

General Secretary EKF email: general.secretary@europeankyokushin.org

Organizer webpage: www.europeankyokushin2013.eu

Organizer email: biuro@europeankyokushin2013.eu

Twitter: @EuroKyokushin

Facebook: https://www.facebook.com/EuroKyokushinChampionships

Phone:

+48 601 421 145 – Andre Drewniak General Secretary European Kyokushin Federation

+48 665 770 704 – Andrzej Kaczkowski (President of the Championship Office Committee)

+48 884 809 092 - Anna Fijołek (Championships Office Coordinator)

14. ORGANIZER

Legnicki Klub Karate Kyokushin

Ul. Wrocławska 177A

59-220 Legnica

NIP: 691-1189-494

PL45 1020 3017 0000 2102 0140 6800

Andrzej Kaczkowski Andre Drewniak

President President President

Championship Office Committee Polish Kyokushin Organization